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June 10, 2021

# EQDerivatives

## Day Trading With Index Options

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### **Russell Rhoads**

CFA, Head Research and Consulting  
EQDerivatives

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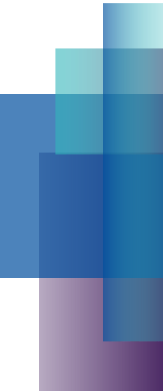
EQDerivatives

# Day Trading With Index Options

Russell Rhoads, CFA  
head research and consulting

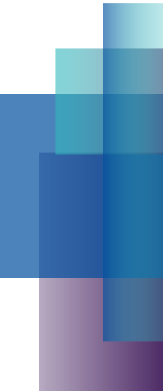
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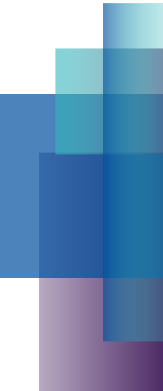
## Outline

- **Index Options**
- **Strategies**
- **Questions / Contact**



## Index Options

- **Monday / Wednesday / Friday expirations available for SPX, RUT, and NDX**
- **The majority of series are PM settled, but there are still some AM settled contracts**
- **There are smaller size index contracts available that also have M/W/F – XSP and MRUT**
- **SPY and QQQ ETF options also have M/W/F**



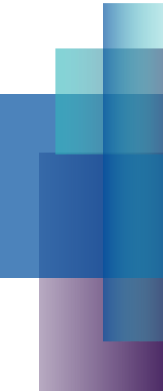
## S&P 500 Strategy

**6/2/2021 8:31 am – SPX @ 4207**

**Sell SPX 4200 Put @ 4.39**

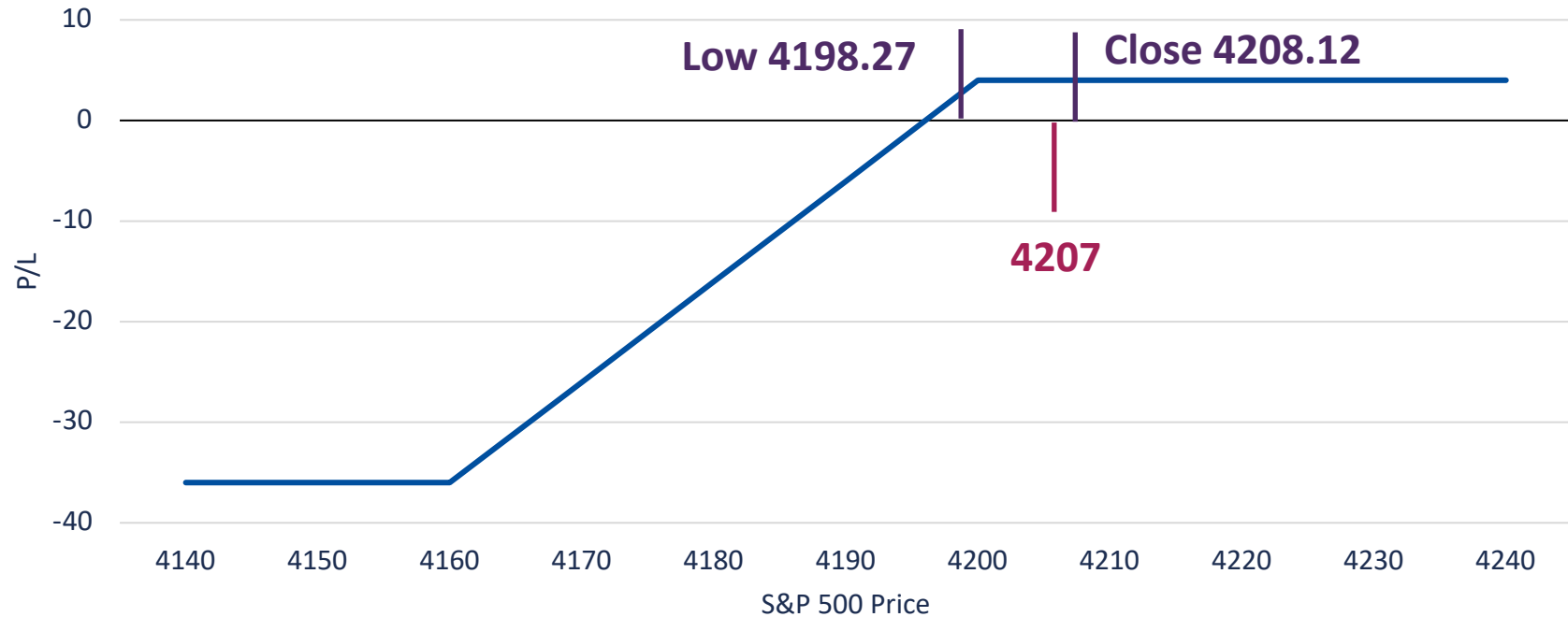
**Buy SPX 4160 Put @ 0.39**

**Credit = 4.00**



# S&P 500 Strategies

## Payoff

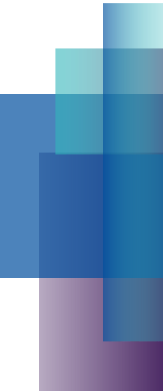


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## Strategies

- **Institutional size trades**
- **Generally executed in the first 30 minutes of the day**
- **Options expire on the close the same day**
- **Typically out of the money credit spreads – directional instead on market neutral**



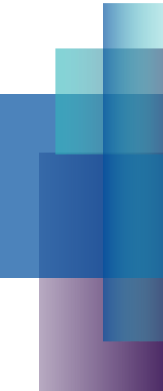
## Nasdaq-100 Strategies

**6/2/2021 9:15 am – NDX @ 13667**

**Sell NDX 13740 Call @ 5.97**

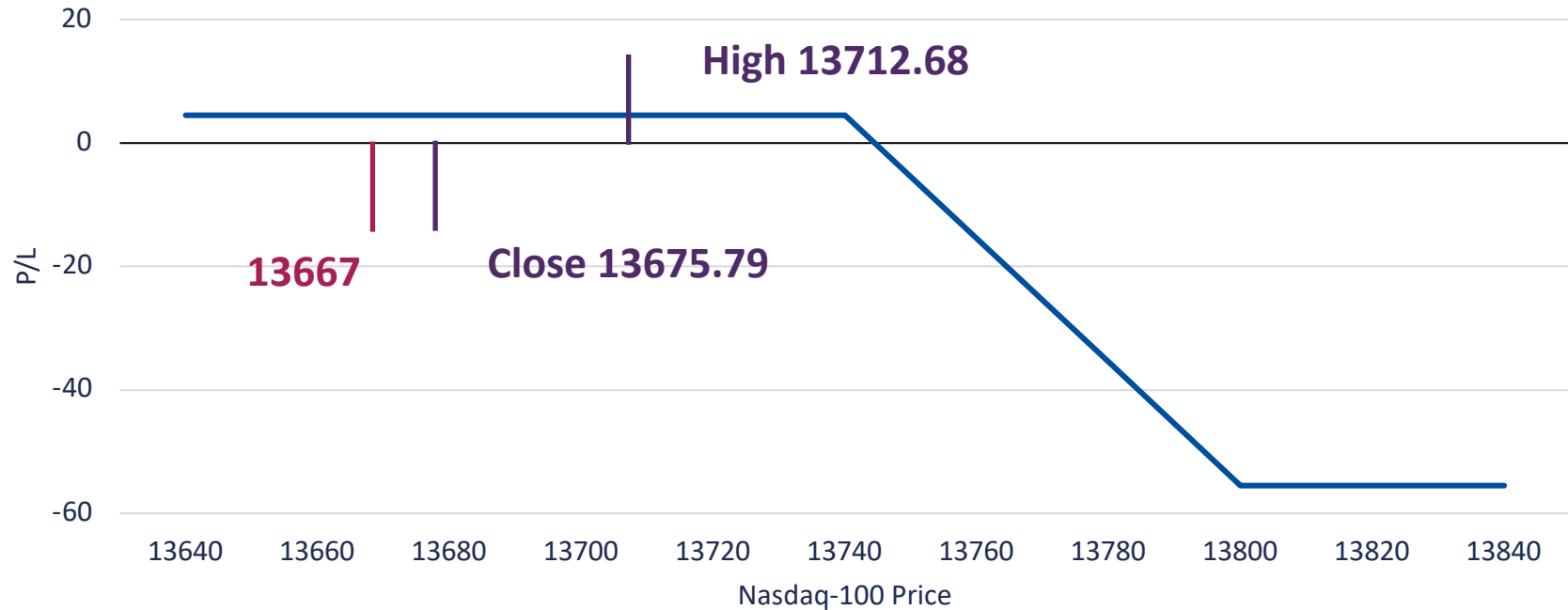
**Buy NDX 13800 Call @ 1.47**

**Credit = 4.50**



# Nasdaq-100 Strategies

## Payoff



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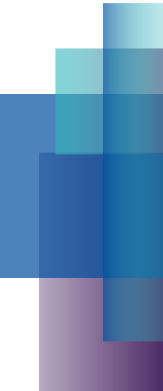
## Nasdaq-100 Strategies

**5/24/2021 9:50 am – NDX @ 13642**

**Sell NDX 13660 Call @ 21.83**

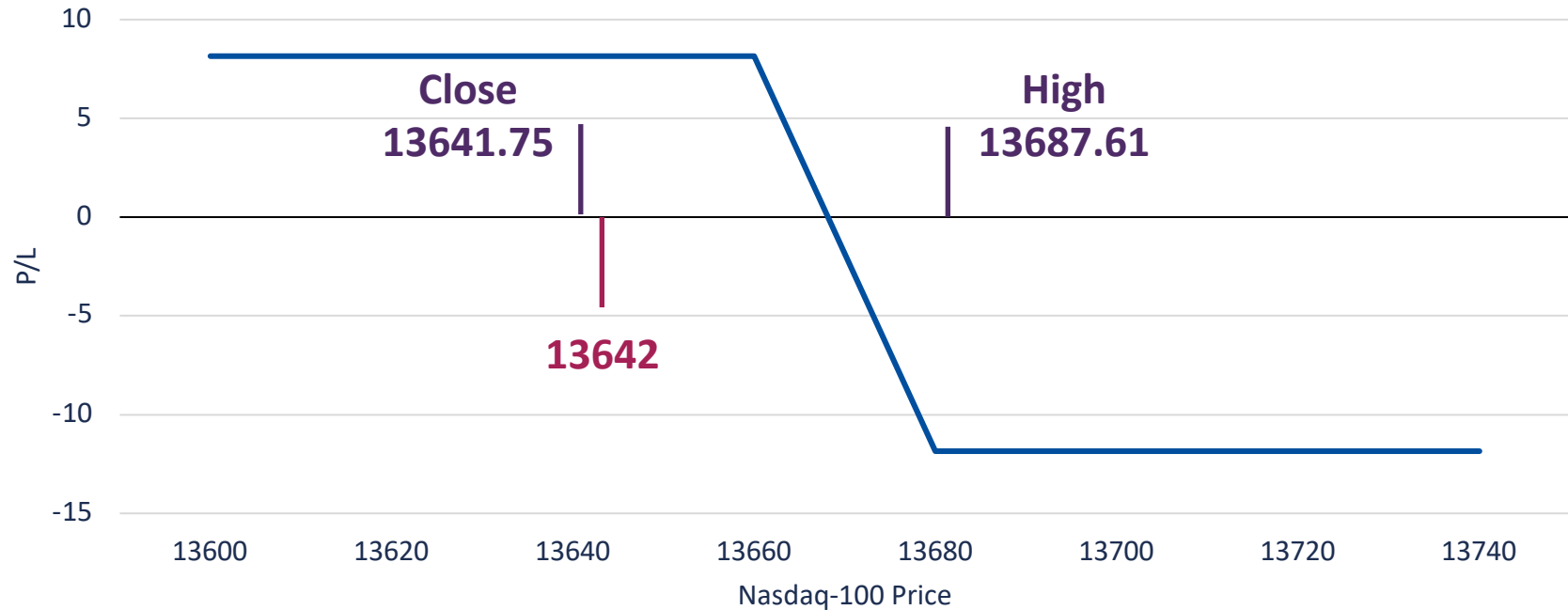
**Buy NDX 13680 Call @ 13.68**

**Credit = 8.15**



# Nasdaq-100 Strategies

## Payoff



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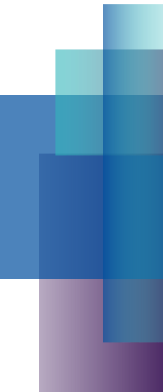
## Nasdaq-100 Strategies

**6/1/2021 9:05 am – NDX @ 13712**

**Sell NDX 13620 Put @ 5.60**

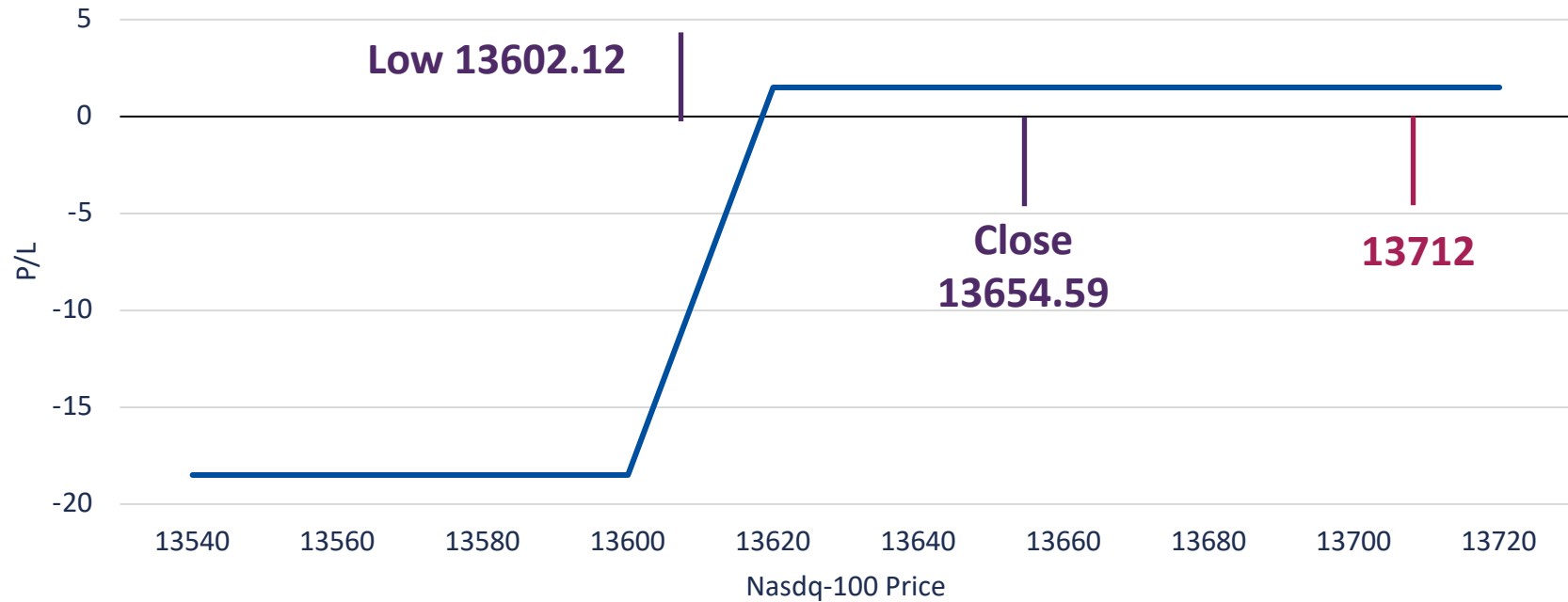
**Buy NDX 13600 Put @ 4.10**

**Credit = 1.50**



# Nasdaq-100 Strategies

## Payoff



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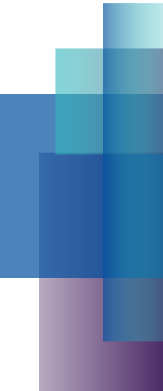
## QQQ Strategies

**5/26/2021 8:52 am – QQQ @ 333.47**

**Sell QQQ 333 Put @ 0.78**

**Buy QQQ 331 Put @ 0.26**

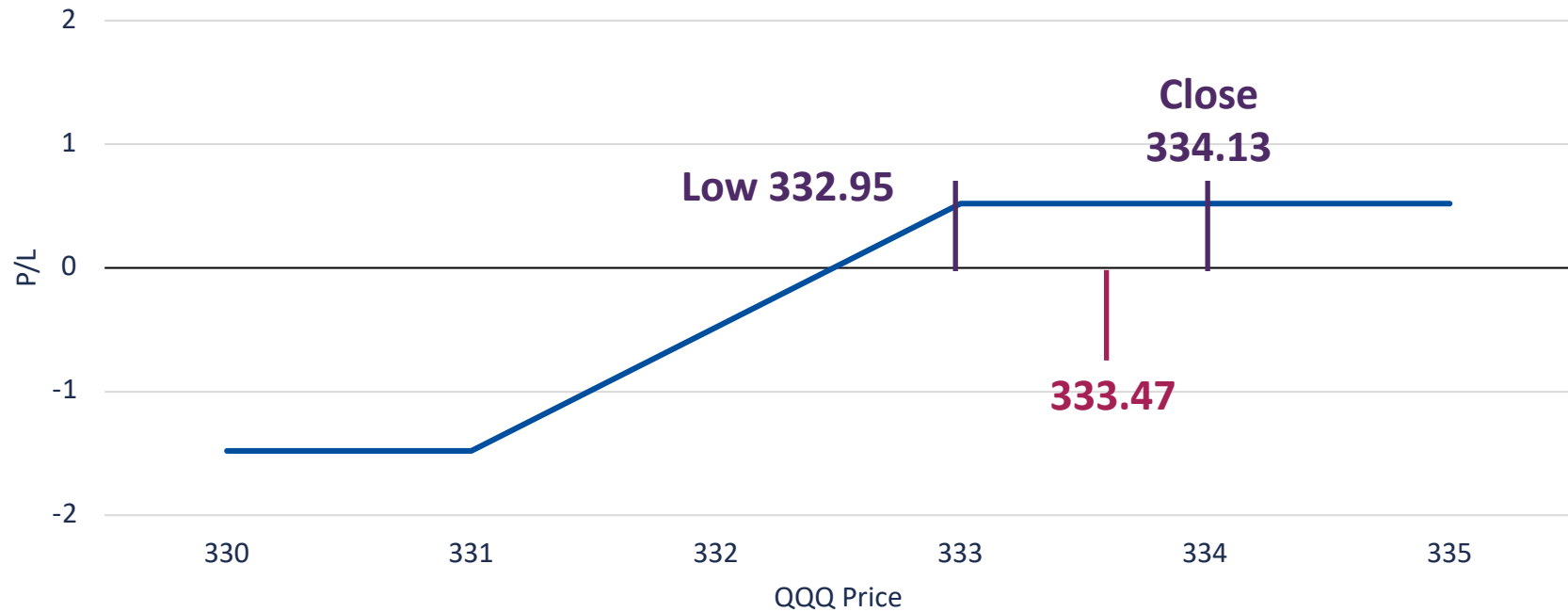
**Credit = 0.52**





# QQQ Strategies

## Payoff



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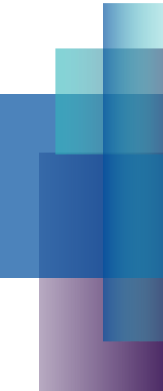
## Russell 2000 Strategies

**5/26/2021 9:45 am – RUT @ 2234**

**Sell RUT 2250 Call @ 1.55**

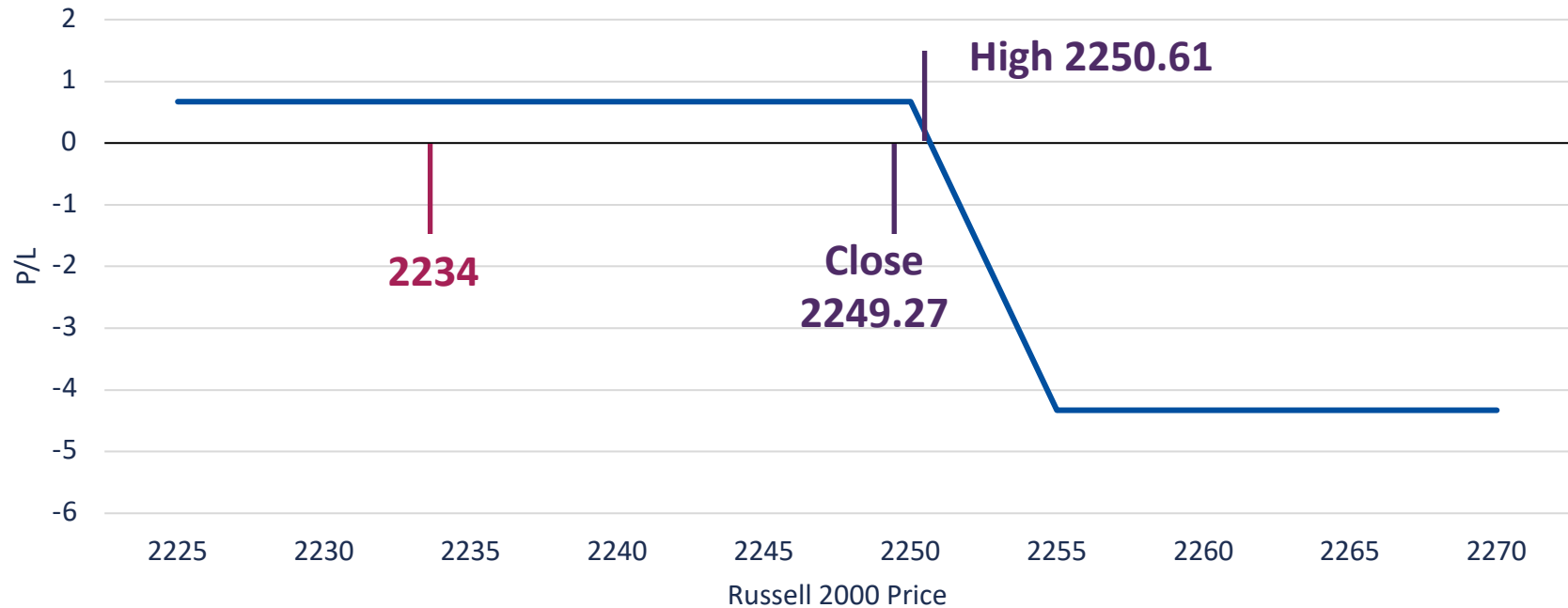
**Buy RUT 2255 Call @ 0.88**

**Credit = 0.67**



# Russell 2000 Strategies

## Payoff

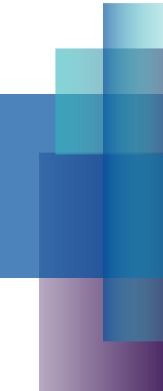


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## Russell 2000 Strategies

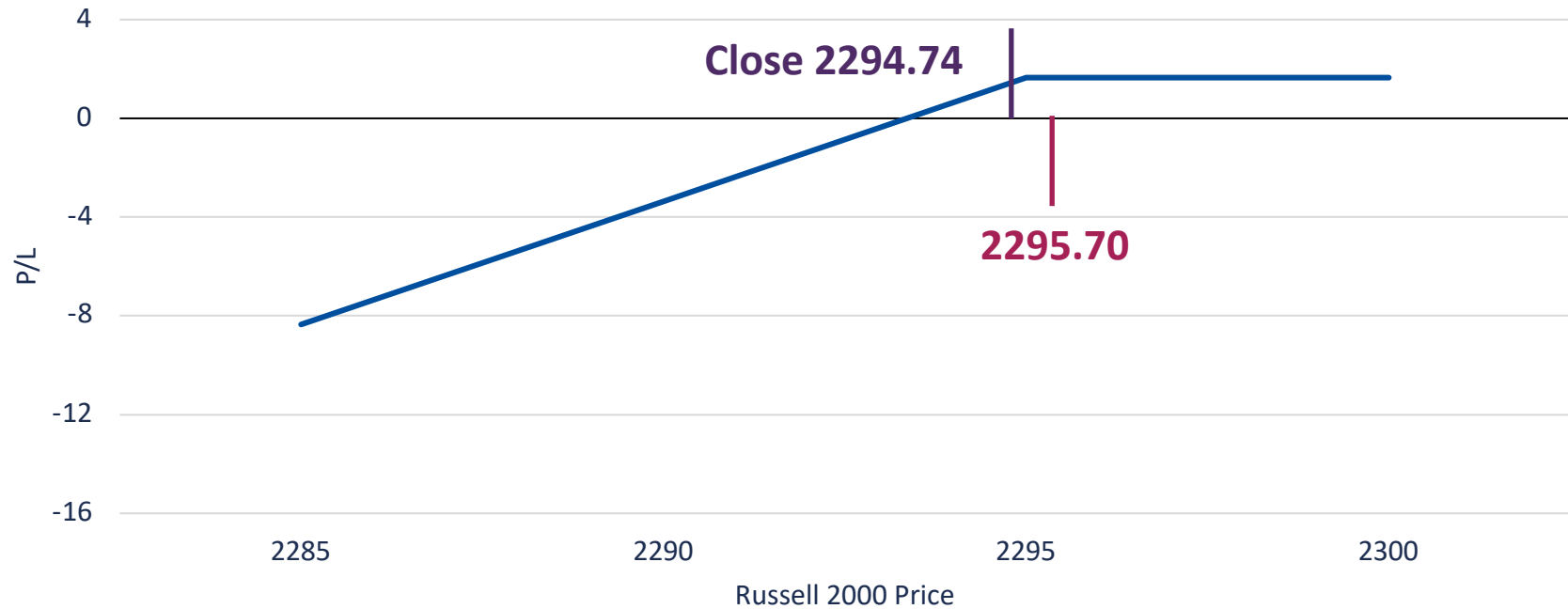
**5/26/2021 2:32 – RUT @ 2295.70**

**Sell RUT 2295 Put @ 1.65**



# Russell 2000 Strategies

## Payoff



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## Questions / Contact

Questions?

Contact Info

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